

COMMUTER SPECIALS

5:30 to 8:30 AM | INCLUDES COFFEE

Burlington Egg Sandwich | 2 Over Easy | Kummelweck
Bun | Ham | Cheddar 8

#1226 Express Shirred Eggs | Ham | Thyme | Peppers 8

909 Homemade Granola | Yogurt | Fruit 8

Hillgrove Wheat | Almond Butter | Bananas |
Berries | Honey 8

TO FILL THE BELLY...

Kentucky Buttermilk Hot Cakes Real Maple Syrup 7

Corned Beef Hash 2 Eggs Your Way | Hash | Romesco |
Grilled Bread | *gf* 132

Bim Bap Breakfast 7 Minute Egg | Rice | Pork | Spinach | Carrots |
Cucumbers | Cilantro | Sesame | Gochujang | *ask gf* 12

Cutlet + Egg Duck Egg Over Easy | Pork Cutlet | Ham | Panko |
Provolone | Bread + Butter Pickles | Pimiento Cheese | Biscuit *or*
Greens 13

Egg Sandwich 2 Eggs Fried | Ham, Sausage *or* Bacon | Cheddar |
Kummelweck Bun | *ask gf* 7

Greens + Salmon Winter Greens | Veggies | Red Quinoa |
Fried Egg | House Cured Salmon | Sherry Vinaigrette | *gf* 12

Egg + Veggies 7 Minute Egg | Veggies | Herbs | Dukka | *ask gf* 9

Breakfast Burrito Flour Tortilla | 2 Eggs Scrambled | Cilantro
Chihuahua | Braised Garbanzos | David's Salsa 7 + *Avocado* 2

Salty Fig Omelette 2 Eggs Scrambled | Bacon | Spinach |
Manchego | Pan con Tomaté | *ask gf* 9

JUST FOR YOU...

Banana Cake Smartly Sweet 4

Biscotti 2 • Chocolate Dipped 3

Scone until they are gone 4

Quiche Wedge 6

Almond Butter Toast Berries | Honey 7

SERVED IN A BOWL...

Homemade Granola 2% Milk, Almond Milk, Cashew Milk

Skyr | Cherries | Oats | Flax | Chia | Honey | Maple Syrup | Almonds |
Pumpkin Seeds | Walnuts | Sesame Seeds | Coconut | *gf* 8 + *Fruit* 3

Museli Oats | Chia | Flax | Wheat Germ | Apples | Raisins | Apricots |
Toasted Almonds | Milk + Yogurt | Fresh Fruit 8

Hot Cereal 2% Milk, Almond Milk *or* Cashew Milk |
Bulgur | Oats | Flax | Chia | Cinnamon | Fruit Compote 7

HAVE A SIDE...

Fruit 4

Egg Your Way Over Easy *or* Scrambled 3

Sausage • Ham • Bacon 4

House Cured Salmon 6

Papas Bravas 4

Honey Blueberry Pear Tree Jam 2

Skyr • Ski Queen Gjetost Cheese 4

English Muffin • Rye • Wheat • Grilled Bread 3

GF English Muffin 4

We want you to be healthy + happy, please advise us of any allergies or changes to our menu you might need...



salty fig

KITCHEN + PANTRY

DRINKS

5:30 to
11:00 AM

PRESSED...

- Power Green** Kale | Celery | Cucumber | Carrot | Apple | Lemon | Parsley 8
- Lemon Drop** Green Apple | Pineapple | Lemon | Ginger 8
- Old Fashioned** Carrot | Apple | Ginger 8
- Ginger Shot** Ginger | Lemon | Cayenne 7

SQUEEZED...

- Orange** 6
- Ruby Grapefruit** 6
- Lemonade** 4
- Coconut H2O** 3
- Spicy Virgin Bloody Mary** 8

MILKED...

- Kilgus Farmstead 2% Chocolate** 4
- Kilgus Farmstead 2%** 4
- Almond** 4
- Cashew** (contains a touch of almond) 4
- Soy** 4

BLENDED...

- Made with Yogurt + Cashew, Almond or 2% Milk*
- Smoothie** Mango | Banana | Orange 7
- Smoothie** Avocado | Spinach | Quinoa 8
- Frappe** Cashew Milk | Dates | Cinnamon | Ginger 7

SIMMERED...

- SFK Hot Chocolate** Whipped Cream 4
- Mulled Apple Cider** 4
- Roasted Bone Broth** 3
- Veggie Broth** 3

BREWED...

- Sparrow Roasted Coffee** Regular • Decaf 3 + *Caramel or Vanilla Jo Snow Shot* 2
- Sparrow Nitro Brew Coffee** 7 oz. 4 + *Caramel or Vanilla Jo Snow Shot* 2
- Todd + Holland Hot Tea** English Breakfast • Cream Assam • Morning Dew • Mediterranean Chamomile 3
- Todd + Holland Iced Tea** Black • Hibiscus 3
- Arnold Palmer** 4
- Nesalla Draft Kombucha** Lemongrass Ginger 7 oz. 4

CARBONATED...

- Pomegranate Spritz** 5
- Wisco Pop** Strawberry • Lemon • Ginger 3
- San Pellegrino** Limonata • Aranciata • Pomelo 3
- Sprindrift** Blackberry • Strawberry • Lemon • Grapefruit 3
- Red Bull** 5
- Diet Coke** 5
- Mexican Coke** 5

SCONES! GET THEM WHILE THEY'RE HOT!

ROTATING FLAVORS, MADE FRESH DAILY

Upcoming flavors: Blueberry • Chocolate Chip • Cinnamon Apple • Maple Bacon +more...

Available from open until they are gone...



909 Burlington Ave.
Western Springs, IL

REALLY YUMMY! BY THE SALTY FIG KITCHEN + PANTRY TEAM

708.505.3118
saltyfig.com