

salty fig

KITCHEN + PANTRY

KIDS ALL DAY

11:30AM to 7:00PM | 7 AND UNDER

TO NOURISH...

PBJ Peanut Butter | Jam | Bananas | Wheat | ask gf 5

ABH Almond Butter | Bananas | Honey | Wheat | ask gf 5

Grilled Cheese Chihuahua | Fruit 5

Fruit 4

Scrambled Egg | Mozzarella | Wheat 4

Raw Veggies + Greens | Vinaigrette 5

Grilled Chicken | Raw Carrots | Hummus 5

Bowl of Pasta Cavatappi | Meatball | Tomato Sauce 6

Hamburger Cheddar | Potato Bun 5

Cookie Chocolate Chip or Oatmeal Cherry 2

A SMALL SIP...

Juice Orange • Apple Cider • Lemonade • Coconut H2O 3

Milk Kilgus Farmstead • White 2% • Chocolate 2

Almond or Soy Milk 2

SFK Hot Chocolate Whipped Cream 4

We want you to be healthy + happy, please advise us of any allergies or changes to our menu you might need...

REALLY YUMMY! BY THE SALTY FIG KITCHEN + PANTRY TEAM

909 Burlington Ave. Western Springs, IL | 708.505.3118 | saltyfig.com

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

salty fig

KITCHEN + PANTRY

KIDS MORNING

5:30 to 11:00AM | 7 AND UNDER

TO NOURISH...

Organic Yogurt + Fruit gf | 5

Fruit 4

Egg Pancake Ski Queen Cheese | Fruit 5

PBJ Jiff Peanut Butter | Jam | Wheat | ask gf 5

ABH Almond Butter | Bananas | Honey | Wheat | ask gf 5

Scrambled Egg Mozzarella | Wheat 4

Scrambled Egg Crudité | Honeyed Skyr | gf 5

Hot Cereal 2% Milk, Almond Milk or Cashew Milk | Bulgur | Oats |
Flax | Chia | Cinnamon | Fruit Compote 5

Mini Kentucky Buttermilk Hot Cakes Maple Syrup 5

Banana Cake 3

A SMALL SIP...

Juice Orange • Apple Cider • Lemonade • Coconut H2O 3

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Almond or Soy Milk 2

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