



## COMMUTER SPECIALS

5:30 to 8:30AM | INCLUDES COFFEE

**Burlington** Egg Sandwich | 1 Over Easy | Kummelweck Bun | Ham | Cheddar 8

#1226 No Carb Express Roasted Egg | Ham | Thyme | Peppers 8

909 Homemade Granola | Yogurt | Fruit 8

**Hillgrove** Wheat | Almond Butter | Bananas | Berries | Honey 8

#### TO FILL THE BELLY...

Kentucky Buttermilk Hot Cakes Real Maple Syrup 7 Corned Beef Hash 2 Eggs Your Way | Hash | Romesco |

Toasted Tartine Bread | ask gf 12

Bi Bim Bap Breakfast 7 Minute Egg | Rice | Pork | Spinach | Carrots | Cucumbers | Cilantro | Sesame | Gochujang | ask gf 12

Cutlet + Egg Duck Egg Over Easy | Pork Cutlet | Ham | Panko | Provolone | Bread + Butter Pickles | Pimento Cheese | House Made Biscuit or Mixed Greens 13

**Egg Sandwich** 1 Egg | Ham, Sausage *or* Bacon | Cheddar | Kummelweck Bun | ask gf 7

Cilantro | Tomato | Avocado | Potato Bun | Aioli ask gf 7

Spicy Egg Sandwich 1 Egg | Chorizo | Cheddar | Pickled Jalapeno |

Greens + Salmon Greens | Veggies | Red Quinoa |

Fried Egg | House Cured Salmon | Sherry Vinaigrette | gf 12

Egg + Veggies 7 Minute Egg | Veggies | Herbs | Dukka | ask gf 9

Breakfast Burrito Flour Tortilla | 2 Eggs Scrambled | Cilantro Chihuahua | Braised Pork | Garbanzos | David's Salsa 7 + Avocado 2

Salty Fig Omelette 1 Hen + 1 Duck Egg | Bacon | Spinach |

Manchego | Pan con Tomaté | ask gf 9

**Biscuits + Eggs** Jam + Butter *or* Sarah + Croy's Gravy |

2 Eggs Your Way | Ham, Bacon or Sausage | Homemade Biscuits 9

### JUST FOR YOU...

Banana Cake Smartly Sweet 4

Biscotti 2

Scone until they are gone 4

Quiche Wedge 6

Almond Butter Toast Berries | Honey 7

Zeppoli Strawberry Sauce 5

#### SERVED IN A BOWL ...

Homemade Granola 2% Milk, Almond Milk, Cashew Milk Skyr | Cherries | Oats | Flax | Chia | Honey | Maple Syrup | Almonds Pumpkin Seeds | Walnuts | Sesame Seeds | Coconut | gf 8 +Fruit 3

Museli Breakfast Pudding Oats | Chia | Flax | Wheat Germ |

Apples | Raisins | Apricots Toasted Almonds | Milk + Yogurt | Fresh Fruit 8

Hot Cereal 2% Milk, Almond Milk or Cashew Milk Bulgur | Oats | Flax | Chia | Cinnamon | Fruit Compote 7

#### HAVE A SIDE ...

Fruit 4

Egg Your Way Over Easy or Scrambled 3

Sausage • Ham • Bacon 4

House Cured Salmon 6

Papas Bravas 4

Honey Blueberry Pear Tree Jam 2

Skyr 4

 $English\, Muffin\, \bullet\, Homemade\, Biscuits \bullet Rye\, \bullet\, Wheat$ 

**Tartine Bread** 3

GF English Muffin 4

We want you to be healthy + happy, please advise us of any allergies or changes to our menu you might need...



909 Burlington Ave. Western Springs, IL

REALLY YUMMY! BY THE SALTY FIG KITCHEN + PANTRY TEAM

708.505.3118 saltyfig.com



PRESSED...

HERE Beet | Apple | Ginger 4 HERE Kale | Apple | Lemon | WheatGrass 4 HERE Pinaapple | Celery | Apple | Tumeric | Basil 4

SQUEEZED...

Orange 4

Ruby Grapefruit 4

Lemonade 4

Coconut H2O 3

Spicy Virgin Bloody Mary 8

MILKED...

Kilgus Farmstead 2% Chocolate 4

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Almond or Soy 4

Macadamia Nut Milk 4

**BLENDED...** 

Made with Yogurt + Cashew, Almond or 2% Milk

Smoothie Mango | Banana | Orange 7

Smoothie Avocado | Spinach | Quinoa 8

Frappe Macadamia Nut Milk | Dates | Cinnamon | Ginger 7

SIMMERED...

**SFK Hot Chocolate** Whipped Cream 4

Mulled Apple Cider 4

Roasted Bone Broth 3

Veggie Broth 3

BREWED...

 $\textbf{Sparrow Roasted Coffee} \ \operatorname{Regular} \bullet \operatorname{Decaf} \ 3 \ + Caramel \ or \ Vanilla$ 

Jo Snow Shot 2

 $\textbf{Sparrow Nitro Brew Coffee} \ \ 7 \ \text{oz.} \ \ 4 + Caramel \ or \ Vanilla \ Jo \ Snow$ 

Shot 2

Todd + Holland Hot Tea English Breakfast • Cream Assam •

Morning Dew • Mediterranean Chamomile 3

Todd + Holland Iced Tea Black • Hibiscus 3

**Arnold Palmer** 4

Nesalla Draft Kombucha Lemongrass Ginger 7 oz. 4

CARBONATED...

Wisco Pop Strawberry • Lemon • Ginger 3

San Pellegrino Limonata • Aranciata • Pomelo 3

Sprindrift Blackberry • Strawberry • Lemon • Grapefruit 3

Red Bull 5

Diet Coke 5

**Mexican Coke** 5

# SCONES! GET THEM WHILE THEY'RE HOT!

ROTATING FLAVORS, MADE FRESH DAILY

Upcoming flavors: Blueberry • Chocolate Chip • Cinnamon Peacan

Available from open until they are gone...

Our Bakery is open for online ordering www. salty fig.com



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