

COMMUTER SPECIALS

5:30 to 8:30 AM | INCLUDES COFFEE

Burlington 2 Eggs Over Easy | Brioche Bun | Ham, Bacon
or Sausage | Cheddar 8

#1226 No Carb Express 2 Roasted Eggs | Ham | Thyme |
Peppers 8

909 Homemade Granola | Yogurt | Fruit 8

Hillgrove Wheat | Almond Butter | Bananas |
Berries | Honey 8

JUST FOR YOU...

Banana Cake Smartly Sweet 4

Biscotti 2

Scone until they are gone 4

Quiche Wedge 6

Almond Butter Toast Berries | Honey 7

Zeppoli Strawberry Rhubarb Sauce 5

SERVED IN A BOWL...

Homemade Granola 2% Milk, Almond Milk, Cashew Milk
Skr | Cherries | Oats | Flax | Chia | Honey | Maple Syrup | Almonds
Pumpkin Seeds | Walnuts | Sesame Seeds | Coconut | *gf* 8 +Fruit 3

Museli Breakfast Pudding Oats | Chia | Flax | Wheat Germ |
Raisins | Apricots Toasted Almonds | Milk + Yogurt | Fresh Fruit 8

Hot Cereal 2% Milk, Almond Milk or Cashew Milk |
Bulgur | Oats | Flax | Chia | Cinnamon | Fruit Compote 7

HAVE A SIDE...

Fruit 4

Egg Your Way Over Easy or Scrambled 3

Sausage • Ham • Bacon 4

House Cured Salmon 6

Papas Bravas 4

Honey Blueberry Pear Tree Jam 2

Skr 4

English Muffin • Homemade Biscuits • Rye • Wheat

Tartine Bread 3

GF English Muffin 4

*We want you to be healthy + happy, please advise us of any
allergies or changes to our menu you might need...*



TO FILL THE BELLY...

Kentucky Buttermilk Hot Cakes Real Maple Syrup 7

Corned Beef Hash 2 Eggs Your Way | Hash | Romesco |
Toasted Tartine Bread | *ask gf* 12

Bi Bim Bap Breakfast 7 Minute Egg | Rice | Pork | Spinach |
Carrots | Cucumbers | Cilantro | Sesame | Gochujang | *ask gf* 12

Cutlet + Egg Duck Egg Over Easy | Pork Cutlet | Ham | Panko |
Provolone | Bread + Butter Pickles | Pimento Cheese | House Made
Biscuit or Mixed Greens 13

Egg Sandwich 2 Eggs | Ham, Sausage or Bacon | Cheddar | Brioche
Bun | *ask gf* 7

Spicy Egg Sandwich 2 Eggs | Chorizo | Cheddar | Pickled Jalapeno
Cilantro | Tomato | Avocado | Brioche Bun | Aioli *ask gf* 7

Greens + Salmon Greens | Veggies | Red Quinoa |
Fried Egg | House Cured Salmon | Sherry Vinaigrette | *gf* 12

Egg + Veggies 7 Minute Egg | Veggies | Herbs | Dukka | *ask gf* 9

Breakfast Burrito Flour Tortilla | 2 Eggs Scrambled | Cilantro
Chihuahua | Braised Pork | Garbanzos | David's Salsa 7 +Avocado 2

Salty Fig Omelette 1 Hen + 1 Duck Egg | Bacon | Spinach |
Manchego | Pan con Tomaté | *ask gf* 9

Biscuits + Eggs Jam + Butter or Sarah + Croy's Gravy |
2 Eggs Your Way | Ham, Bacon or Sausage | Homemade Biscuits 9

salty fig

KITCHEN + PANTRY

DRINKS

5:30 to

11:00 AM

PRESSED...

HERE Beet | Apple | Ginger 4

HERE Kale | Apple | Lemon | WheatGrass 4

HERE Pinaapple | Celery | Apple | Tumeric | Basil 4

SQUEEZED...

Orange 4

Ruby Grapefruit 4

Lemonade 4

Coconut H2O 3

Spicy Virgin Bloody Mary 8

MILKED...

Kilgus Farmstead 2% Chocolate 4

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Almond or Soy 4

Macadamia Nut Milk 4

BLENDED...

Made with Yogurt + Cashew, Almond or 2% Milk

Smoothie Mango | Banana | Orange 7

Smoothie Avocado | Spinach | Quinoa 8

Frappe Macadamia Nut Milk | Dates | Cinnamon | Ginger 7

SIMMERED...

SFK Hot Chocolate Whipped Cream 4

Mulled Apple Cider 4

Roasted Bone Broth 3

Veggie Broth 3

BREWED...

Sparrow Roasted Coffee Regular • Decaf 3 + *Caramel or Vanilla Jo Snow Shot* 2

Sparrow Nitro Brew Coffee 7 oz. 4 + *Caramel or Vanilla Jo Snow Shot* 2

Todd + Holland Hot Tea English Breakfast • Cream Assam • Morning Dew • Mediterranean Chamomile 3

Todd + Holland Iced Tea Black • Hibiscus 3

Arnold Palmer 4

Nesalla Draft Kombucha Lemongrass Ginger 7 oz. 4

CARBONATED...

Pomegranate Spritz 5

Wisco Pop Strawberry • Lemon • Ginger 3

San Pellegrino Limonata • Aranciata • Pomelo 3

Sprindrift Blackberry • Strawberry • Lemon • Grapefruit 3

Red Bull 5

Diet Coke 5

Mexican Coke 5

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ORDER THE DAY BEFORE BY 3PM FOR NEXT DAY PICK UP

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